



L A D Y M O N A R C H G a m e D a y N o t e s

2006 LADY MONARCH SCHEDULE

Day	Date	Opponent	Time
Sat	Aug. 26	at #7 Penn State	W, 3-1
Sun	Aug. 27	vs. Ohio (at Penn State)	W, 6-1
Sat	Sept. 2	at #1 Maryland	Noon
Sun	Sept. 3	at #19 Virginia	1:00 PM
Sat	Sept. 9	RICHMOND	3:00 PM
Sun	Sept. 10	MICHIGAN	2:00 PM
Sat	Sept. 16	at North Carolina	TBA
Sun	Sept. 17	at Duke	1:00 PM
Sat	Sept. 12	at Princeton	Noon
Sun	Sept. 24	at Drexel *	1:00 PM
Fri	Sept. 29	at James Madison *	5:00 PM
Sun	Oct. 1	TOWSON *	1:00 PM
Fri	Oct. 6	at Va. Commonwealth *	6:00 PM
Sun	Oct. 8	at Delaware *	1:00 PM
Sat	Oct. 14	MARYLAND	Noon
Sun	Oct. 15	DUKE	1:00 PM
Sat	Oct. 21	NORTHEASTERN *	1:00 PM
Sun	Oct. 22	HOFSTRA *	1:00 PM
Sat	Oct. 28	NORTH CAROLINA	1:00 PM
Sun	Oct. 29	WILLIAM & MARY *	1:00 PM

CAA Tournament			
Wed.	Nov. 1	CAA Tournament Quarters	at highest seed
Sat.	Nov. 4	CAA Tournament Semis	at Nat'l Training Ctr.
Sun.	Nov. 5	CAA Tournament Finals	at Nat'l Training Ctr.

Sat.- Sun. Nov 11-12 NCAA 1st/2nd Rnds.

Thu. - Sun. Nov 16-19 NCAA Final Four - Wake Forest

*CAA Conference Game
(Note: All rankings are at time of play)

LADY MONARCH STAT LEADERS (as of August 31st)

Name:	Goals:	Assists:	Points:
Dana Sensenig	3	2	8
Katie Ueberroth	2	1	5
Sami McLenegan	2	0	4
Caroline Nichols	1	0	2
Anna Rogers	1	0	2
Katelyn Smither	0	2	2
Shannon Mobley	0	2	0

Name:	Saves:	Sv%:	GAA:
Kelly Driscoll	3	.600	1.00

CAA STANDINGS (as of August 31st)

Team:	CAA			Overall		
	W	L	Pct.	W	L	Pct.
(RV) Drexel	0	0	.000	3	0	1.00
#18 James Madison	0	0	.000	2	0	1.00
#4 Old Dominion	0	0	.000	2	0	1.00
(RV) William & Mary	0	0	.000	2	0	1.00
#13 Northeastern	0	0	.000	1	0	1.00
(RV) Delaware	0	0	.000	1	1	.500
(RV) Hofstra	0	0	.000	1	1	.500
VCU	0	0	.000	1	1	.500
(RV) Towson	0	0	.000	0	1	.000

ATHLETIC MEDIA RELATIONS

Kimberly Zivkovich - Field Hockey SID
Office: 757-683-5520
Fax: 757-683-3119
Cell: 757-617-7757
E-mail: kzivkovi@odu.edu

WEEK TWO:

No. 4 Old Dominion (2-0, 0-0 CAA) at
Sat. Sept. 2 - No. 1 Maryland (3-0, 0-0 ACC)
Sun. Sept. 3 - No. 19 Virginia (1-0, 0-0 ACC)

ABOUT THE LADY MONARCH FIELD HOCKEY TEAM:



● **THIS IS HOW WE START:** Old Dominion opened up the 2006 campaign with two wins, a 3-1 victory over #7 Penn State and a 6-1 win over Ohio University. Last time the Lady Monarchs opened the season 2-0 was back in 2002, the same year the Lady Monarchs reached their 15th Final Four.

● **RANK 'EM UP:** Last weekend's opponent in Penn State represented the first of nine teams ranked in the NFHCA Preseason Poll the Lady Monarchs will face. Others currently include #1 Maryland, #3 Duke, #8 Michigan, #13 Northeastern, #18 James Madison, #19 Richmond, and #19 Virginia.

● **HOME AND HOME:** Saturday's game against Maryland marks the first of two meetings between the Terps and Lady Monarchs. The 2005 national champions come to Norfolk on Saturday, October 14th.

● **BRING ON THE ACC:** It's an ACC weekend for the Lady Monarchs as they take on Maryland and Virginia, just one of four ACC teams the Lady Monarchs will face. In addition to a home and home series with Maryland, the Lady Monarchs will also face Duke and North Carolina twice in 2006.

● **LAST TIME VS. MARYLAND:** The Old Dominion University field hockey team's 2005 season came to an end on November 18th at Trager Stadium on the campus of the University of Louisville as the Lady Monarchs fell 3-2 to top seeded Maryland in the semifinals of the NCAA Tournament. The Lady Monarchs, who were making their 16th Final Four appearance, concluded the 2005 season with a 19-6 overall record. Maryland took an early lead as Paula Infante incepted the ball near midfield, entered the top of the circle and fired past former ODU keeper Mary Cate Gordon four minutes into the contest. Gordon came up with five saves during that half to keep the score 1-0 heading into halftime. The Lady Monarchs were outshot 8-1 in the first 35 minutes of the game. Old Dominion did not wait long to tie the score and came out with more fire power in the second half. Senior Darcy Pinchebeck (Suffolk, Va.) knotted the score at 1-1 less than two minutes after the opening whistle. The Lady Monarchs were awarded a penalty corner with former Lady Monarch Janelle Engle striking the ball at the Terp net. Maryland came up with the save as the ball drifted the right side of the cage for an open Pinchebeck to fire into in the back of the cage. The lead went back to the Terps at the 43rd minute of the game, 2-1. Maryland's Infante took the ball on a penalty corner and fed it wide left to Janneke van Leewen for the tip in. Old Dominion immediately struck back looking for the come from behind victory. Less than two minute after the Terps took a two-goal advantage, Engle cut the deficit to one with 5:51 left in regulation. Engle took a swing after Caroline Nichols (Va. Beach, Va.) made the stick stop. The ball was saved put took a hard bounce right back to Engle who swung again, but this time got the ball into the net. Unfortunately the Lady Monarchs were kept away from the Maryland net and time expired as the Terps returned to the national championship game for the first time since 2001.

SERIES WITH THE OPPONENTS:

MARYLAND:

2006 Record: 3-0, 0-0 ACC

2005 Record: 23-2 overall, 4-2 ACC
NCAA/ACC Champions

All-Time Vs: 22-15-1 - ODU

First Meeting: 1982 - W, 5-1

Last Meeting: 2005 - L, 2-3 (NCAA Semifinals)

Common Opponents: Delaware, James Madison, Virginia, Michigan, Duke, Princeton, North Carolina

VIRGINIA:

Record: 8-11 overall, 0-6 ACC

All-Time Vs: 30-9 - ODU

First Meeting: 1976- L, 1-3

Last Meeting: 2005 - W, 4-0

Common Opponents: Ohio, Virginia Commonwealth, North Carolina, William & Mary, Richmond, Maryland, James Madison, Duke
Note: UVA will play Ohio Friday night

STX/NFHCA POLL:

<u>Institution (record)</u>	<u>Points</u>	<u>Previous</u>
1. <i>University of Maryland</i>	879 (35)	--
2. Wake Forest University	819 (5)	--
3. <i>Duke University</i>	793 (2)	--
4. <i>Old Dominion University</i>	756 (2)	--
5. <i>University of North Carolina</i>	683 (1)	--
6. American University	615	--
7. <i>Penn State University</i>	605	--
8. <i>University of Michigan</i>	537	--
9. University of Connecticut	469	--
10. Indiana University	390	--
11. Boston College	368	--
12. University of Iowa	352	--
13. <i>Northeastern University</i>	312	--
14. University of Louisville	299	--
15. Ohio State University	292	--
16. Michigan State University	227	--
17. Boston University	195	--
18. <i>James Madison University</i>	154	--
19. <i>University of Richmond</i>	141	--
<i>Tie University of Virginia</i>	141	--

Also Receiving Votes: *Princeton University* (139), Villanova University (66), University of California, Berkeley (60), *College of William & Mary* (44), *Hofstra University* (23), Harvard University (20), *University of Delaware* (19), Miami University (OH) (13), *Drexel University* (8), University of Massachusetts (6), Providence College (5), University at Albany (4), *Ohio University* (4), Syracuse University (3), Lock Haven University (2), University of New Hampshire (2), Northwestern University (2), University of the Pacific (2), *Towson University* (1).

Previous Rankings:

Preseason: #4

** *Italics/Bold Denotes 2006 Opponent***ODU IN THE NATIONAL STATS:****FINAL 2005 STATS****Winning Percentage:**

7.760

Scoring Defense:

16T.1.47

Scoring Offense:

3.3.73

Margin Of Victory:

4.2.40

Points (Total):

4.Dana Sensenig53

5.Janelle Engle50

17.Denise Admiraal41

Points Per Game:

10.Dana Sensenig2.12

13T.Janelle Engle2.00

Goals (Total):

5T.Janelle Engle20

8T.Dana Sensenig19

12T.Denise Admiraal18

Goals Per Game:

15T.Janelle Engle0.80

17.Dana Sensenig0.76

18.Denise Admiraal0.72

Assists (Total):

1T.Caroline Nichols19

5T.Dana Sensenig15

Assists Per Game:

7T.Caroline Nichols0.76

QUICK FACTS:**GENERAL:**

Name of School:Old Dominion University

City, Zip:Norfolk, Va. 23529-0201

Founded:1930

Enrollment:21,000

Nickname:Lady Monarchs

School Colors:Slate Blue, Sky Blue, & Silver

Home Field:Foreman Field (Astroturf)/20,000

Conference:Colonial Athletic Association

President:Dr. Roseann Runte (SUNY New Paltz '68)

Athletic Director:Dr. Jim Jarrett (SIU-Carbondale '59)

Athletic Dept. Phone:(757) 683-3375

COACHING STAFF:

Head Coach:Beth Anders (Ursinus '73)

Career Record:461-78-7/22 seasons

Record at ODU:461-78-7/22 seasons

Assistant Coaches:Susan Myers (Slippery Rock '73)

.....Gwen Alexander (West Chester '73)

.....Robin Smith (Old Dominion '92)

TEAM INFORMATION:

2005 Record:19-6

2005 Conference Record:8-0/1st

2005 Post Season:NCAA Semifinals

Final Ranking:#3 NFHCA

Letterwinners Returning/Lost:16/5

Starters Retuning/Lost:9/2

Top Returning Players:

<u>Name:</u>	<u>Pos:</u>	<u>Cl:</u>	<u>G:</u>	<u>A:</u>	<u>Pts:</u>
#14 Dana Sensenig	MF	Sr.	19	15	53
#13 Denise Admiraal	MF	So.	18	5	41
#9 Darcy Pinchbeck	F	Sr.	9	4	22
#20 Caroline Nichols	B	Sr.	1	19	21
#23 Katelyn Smither	F	So.	8	0	16

Key Losses:

<u>Name:</u>	<u>Pos:</u>	<u>G:</u>	<u>A:</u>	<u>Pts:</u>
#19 Janelle Engle	B	20	10	50
#16 Jennifer Angat	MF	3	3	9

ODU IN THE CAA STATS:**FINAL 2005 STATS****Winning Percentage:**

1.1.00

Scoring Defense:

3.1.47

Scoring Offense:

1.3.73

Margin Of Victory:

1.2.26

Points (Total):

1.Dana Sensenig53

2.Janelle Engle48

4.Denise Admiraal41

Points Per Game:

2.Dana Sensenig2.12

3.Janelle Engle2.00

4.Denise Admiraal1.64

Goals (Total):

1.Janelle Engle20

2T.Dana Sensenig19

4.Denise Admiraal18

Goals Per Game:

2.Janelle Engle0.80

3.Dana Sensenig0.76

4.Denise Admiraal0.72

Assists (Total):

1.Caroline Nichols19

2.Dana Sensenig15

6.Janelle Engle10

Assists Per Game:

1.Caroline Nichols0.76

2T.Dana Sensenig0.50

8T.Janelle Engle0.40

RECORD BOOK:**GOALS:**

1t. Maaik Hilbrand167

1t. Marina DiGiacomo167

3. Christy Morgan86

4. Kim Miller82

5. Angie Loy77

6. Laura Knorr76

7. Tiffany Snow71

8. Jill Fisher70

9. Robin Smith66

10. Kelli James65

*Dana Sensenig (2003 - present)42***ASSISTS:**

1. Jill Reeve138

2. Winnifred Sanders134

3t. Pam Neiss80

3t. Marina DiGiacomo80

5. Carolyn Sarr66

6. Kelli James66

7. Cheryl Van Kuren61

8. Adrienne Yoder61

9. Angie Loy56

10t. Mimi Smith50

10t. Maaik Hilbrand50

*Dana Sensenig (2003 - present)39**Caroline Nichols (2003 - present)32***POINTS:**

1. Marina DiGiacomo414

2. Maaik Hilbrand372

3. Christy Morgan219

4. Angie Loy210

5. Kim Miller200

6. Kelli James196

7. Tiffany Snow181

8. Laura Knorr171

9. Jill Reeve170

10. Jill Fisher165

*Dana Sensenig (2003 - present)123**Caroline Nichols (2003 - present)58***WOMEN'S FIELD HOCKEY.COM POLL:****Final 2005 Poll****Institution**1. *Maryland*

2. Wake Forest

3. *Duke*4. *Old Dominion*5. *UNC*6. *Penn State*7. *American*8. *Michigan*9. *Indiana*10. *Ohio State*11. *Iowa*

12. Michigan State

13. Boston College

14. Connecticut

15. Louisville

16. Villanova

17. Boston University

18. *Northeastern*19. *James Madison*20. *Richmond***Previous Rankings:**** *Italics/Bold Denotes 2006 Opponent*

DID YOU KNOW...????????????????

- Old Dominion is the only school to have appeared in every NCAA Tournament since its inception in 1981 for a total of 25 appearances.
- The Lady Monarchs have won an NCAA record nine national championships...1982, 1983, 1984, 1988, 1990, 1991, 1992, 1998, 2000
- Of the their 25 NCAA Tournament appearances the Lady Monarchs have made, Old Dominion has reached the Final Four 16 times most recently in 2005.

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● **HOME AND HOME:** Saturday's game against Maryland marks the first of two meetings between the Terps and Lady Monarchs. The 2005 national champions come to Norfolk on Saturday, October 14th.

● **LAST TIME VS. VIRGINIA:** The Old Dominion field hockey team earned its first shutout victory of the 2005 season with a 4-0 win over Virginia back on September 3rd at Foreman Field. The Lady Monarch defense held the Cavaliers without a single shot on net, while senior Anna Rogers (New Bloomfield, Pa.) would register the game-winner with 17:21 remaining in the first half. The Cavaliers had entered the game averaging 5.0 goals per game. Rogers was one of three Lady Monarchs to pick up goals. After assisting on Rogers' first goal of the year, Denise Admiraal (Heiloo, Holland) gave the Lady Monarchs a 2-0 lead moments later. On a penalty corner attempt, striker Janelle Engle sent the ball into the circle where Admiraal chipped it in. Dana Sensenig (Denver, Pa.), tallied ODU's last two goals of the game. Her first came in the first half of action with only 2:06 left before the half as she drove hard into the circle and out maneuvered the Virginia defense. Her second goal of the afternoon and the only goal scored in the second half was another drive straight into the circle, getting past Cavalier netminder Katherine Blair. Blair finished the afternoon with six saves, while the Cavalier offense failed to get a shot off near the ODU goal. In all, ODU totaled 11 shots, including eight in the first half. The Lady Monarchs also amassed nine penalty corner attempts.

● **FORMER LADY MONARCHS IN THE NEWS - WORLD CUP:** USA Field Hockey and women's national team coach Lee Bodimeade have announced that two former Lady Monarchs will be among the 16-member team to represent the USA at next month's Samsung World Cup in Madrid, Spain. Honda Award winner Tiffany Snow and All-American Angie Loy will try to help the US team bring home gold beginning on September 27th. The USA will meet Argentina in the team's World Cup opener on Sept. 27 and will meet Australia in the second game on Sept. 28. The USA earned its first victory over Argentina in 16 years with a 2-1 win during the AstroTurf March on Madrid and earned a 1-1 draw with Australia during the first round of the event.

● **COMING UP:** The Lady Monarchs play at Foreman Field for the first time this season next weekend. After a neutral site game featuring Richmond and Michigan on Friday evening at 6:00 p.m., the Lady Monarchs will host the Richmond Spiders on Saturday, September 9th in their home opener at 3:00 p.m. The weekend will close with ODU hosting Michigan on Sunday, September 10th at 2:00 p.m. After hosting the Wolverines, who the Lady Monarchs defeated in the second round of the NCAA Tournament, ODU will be on the road for its next five games.

GAME-BY-GAME RESULTS:

GAME ONE:

No. 4 Old Dominion at No. 7 Penn State College Park, Pa. - August 26, 2006

The fourth ranked Old Dominion field hockey squad opened the 2006 season with a 3-1 victory over seventh ranked Penn State on Saturday afternoon. The Lady Monarchs never trailed in the contest striking first with 10 minutes into the game and senior **Dana Sensenig (Denver, Pa.)** putting away the game-winner just before halftime.

Senior **Caroline Nichols (Va. Beach, Va.)** captured ODU's first goal of the season off the Lady Monarchs' first penalty corner attempt of the game. Nichols shot on goal where the ball deflected off Penn State netminder Jen Beaumont and into the net for the 1-0 lead. Sophomore Katelyn Smither (Suffolk, Va.) and Sensenig recorded the assist.

Sensenig would register what would become the eventual game-winner with less than a minute left in the first half. Junior **Shannon Mobley (Va. Beach, Va.)** fed Sensenig a pass near the left side of the cage for the 2-0 advantage.

Penn State thwarted the shutout in the early minutes of the second half. Natalie Blasco managed to intercept the ball from the Lady Monarchs to feed Annelise Legel for the score.

The Lady Monarchs did manage one more score before the end of the game with freshman **Katie Ueberroth (Stevens, Pa.)** found her way to the back of the Nittany Lion net in a scramble in front of the cage.

The teams were even in shots in the first half 4-4 but ODU outshot Penn State 7-3 in the second half and ended the game with an 11-7 advantage. The Nittany Lions were only able to take two shots that were not the result of penalty corners.

In net, **Kelly Driscoll (West Chester, Pa.)** picked up the win in her collegiate debut. Driscoll posted two saves, while her counterpart Beaumont stopped five Lady Monarch shots in the loss.

SCORING SUMMARY:

Goals by period:			
	<u>1</u>	<u>2</u>	<u>Tot</u>
Old Dominion (1-0)	2	1	3
Penn State (0-1)	0	1	1

Time	Team	Goal Scorer	Assists
10:15	ODU	Nichols, Caroline (1)	Smither, Katelyn, Sensenig, Dana
33:56	ODU	Sensenig, Dana (1)	Mobley, Shannon
37:24	PSU	Legel, Annelise (1)	Blasco, Natalie
53:35	ODU	Ueberroth, Katie (1)	Unassisted

Shots:	Saves:	Corners:
ODU - 11	ODU - 2	ODU - 5
PSU - 7	PSU - 5	PSU - 5

GAME TWO:

No. 4 Old Dominion vs. (RV) Ohio University College Park, Pa. - August 27, 2006

The fourth ranked Old Dominion field hockey team improved to 2-0 on the young season as junior Sami McLenegan (Middletown, Pa.) posted her first career game-winner in Sunday's 6-1 victory over Ohio University in a neutral site game on the campus of Penn State.

McLenegan was one of two Lady Monarch multiple scorers joining senior **Dana Sensenig (Denver, Pa.)** with two tallies.

McLenegan gave Old Dominion a 2-0 lead in the first half. Her first goal came at the 10:17 mark as she tipped in a shot that came from the stick of teammate **Shannon Mobley (Va. Beach, Va.)**. Her second goal, the game-winner, came at the 27:22 mark as freshman **Katie Ueberroth (Stevens, Pa.)** drew out the Ohio keeper and passed the ball to McLenegan for a shot on an unprotected net.

The second half saw the Lady Monarch scoring barrage continue. Sensenig captured the second half's first goal by converting a penalty stroke at the 43:50 mark and then moments later recorded her second goal of the afternoon for a 4-0 ODU lead.

Sensenig would go on to record an assist on the next ODU goal. Senior **Anna Rogers (New Bloomfield, Pa.)** netted her first goal of the 2006 campaign as she took Sensenig's pass from the left side of the endline.

Ueberroth rounded out the ODU scoring for the afternoon redirecting a shot taken by sophomore **Katelyn Smither (Suffolk, Va.)** from outside the circle.

The Bobcats avoided the shutout when they were finally able to convert on a breakaway opportunity at the 64:10 mark. Patty Donohue capitalized on ODU netminder **Kelly Driscoll (West Chester, Pa.)** coming out of the cage to stop an on coming Ohio attacker who passed the ball to give Donohue the scoring opportunity.

Old Dominion outshot Ohio 22-4 limiting the Bobcats to two shots in each half. Additionally, the Lady Monarchs held an 8-1 advantage in penalty corners.

Driscoll stopped one of only two shots on goal made by the Bobcats, while Ohio's Jessie Martin made eight saves in the loss.

SCORING SUMMARY

Goals by period:			
	<u>1</u>	<u>2</u>	<u>Tot</u>
Ohio (0-1)	0	1	1
Old Dominion (2-0)	2	4	6

Time	Team	Goal Scorer	Assists
10:17	ODU	McLenegen, Sami (1)	Mobley, Shannon
27:22	ODU	McLenegen, Sami (2)	Ueberroth, Katie
43:50	ODU	Sensenig, Dana (2)	Penalty stroke
45:55	ODU	Sensenig, Dana (3)	(unassisted)
48:07	ODU	Rogers, Anna (1)	Sensenig, Dana
50:29	ODU	Ueberroth, Katie (2)	Smither, Katelyn
64:10	OHIO	Donahue, Patty (1)	Albini, Torrie

Shots:	Saves:	Corners:
Ohio - 4	Ohio - 6	Ohio - 1
ODU - 22	ODU - 1	ODU - 8